



**Bolded Classes indicate a new class, new class time or new instructor!!!**

Mon	Tue	Wed	Thu	Fri	Sat
					1 9:00 Lift 45-Janette
3 10:15 Chip Fit-Chip  5:30 Cardio Sculpt-Janette 6:30 Synergy-Rachel	4 10:00 Mat Pilates-Jennifer 12:15 Water Aerobics-Tyler  6:00 Zumba-Bonnie	5 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip  6:00 Zumba-Bonnie	6 10:00 Mat Pilates-Jennifer 12:15 Water Aerobics-Tyler  <b>6:30 Synergy-Rachel</b>	7 9:00 BootyCamp-Janette 10:15 Chip Fit-Chip	8 9:00 Lift 45-Janette
10 10:15 Chip Fit-Chip  5:30 Cardio Sculpt-Janette 6:30 Synergy-Rachel	11 10:00 Mat Pilates-Jennifer <b>8:00 Water Aerobics-Tyler</b>	12 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip  6:00 Zumba-Bonnie	13 10:00 Mat Pilates-Jennifer <b>8:00 Water Aerobics-Tyler</b>  <b>6:30 Synergy-Rachel</b>	14 <b>9:00 BootyCamp-No Class</b> 10:15 Chip Fit-Chip	15 9:00 Lift 45-Janette
17 10:15 Chip Fit-Chip  5:30 Cardio Sculpt-Janette 6:30 Synergy-Rachel	18 <b>10:00 Mat Pilates-No Class</b> <b>8:00 Water Aerobics-Tyler</b>  6:00 Zumba-Bonnie	19 <b>9:00 Yoga Sculpt-Morgan</b> 10:15 Chip Fit-Chip  6:00 Zumba-Bonnie	20 <b>10:00 Mat Pilates-No Class</b> <b>8:00 Water Aerobics-Tyler</b>  <b>6:30 Synergy-Rachel</b>	21 9:00 BootyCamp-Janette 10:15 Chip Fit-Chip	22 9:00 Lift 45-Janette
24 10:15 Chip Fit-Chip  5:30 Cardio Sculpt-Janette 6:30 Synergy-Rachel	25 <b>10:00 Mat Pilates-No Class</b> <b>8:00 Water Aerobics-Tyler</b>  6:00 Zumba-Bonnie	26 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip  6:00 Zumba-Bonnie	27 <b>10:00 Mat Pilates-No Class</b> <b>8:00 Water Aerobics-Tyler</b>  <b>6:30 Synergy-Rachel</b>	28 9:00 BootyCamp-Janette 10:15 Chip Fit-Chip	29 9:00 Lift 45-Janette
<b>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</b>					



**Bolded Classes indicate a new class, new class time or new instructor!!!**

Mon	Tue	Wed	Thu	Fri	Sat
					1 8:30 Bootcamp-Dawn
3 5:15 Bootcamp-Dori 9:30 Beginners Yoga -Morgan  6:15 Bootcamp-Dawn	4 5:15 Lower Body Blast-Dori  6:30 Level 1 Yoga -Morgan	5 5:15 Bootcamp-Dori  6:15 Bootcamp-Dawn	6 5:15 TABATA-Dori	7 5:15 Bootcamp-Dori	8 8:30 Bootcamp-Dawn
10 5:15 Bootcamp-Dori 9:30 Beginners Yoga -Morgan  6:15 Bootcamp-Dawn	11 5:15 Lower Body Blast-Dori  6:30 Level 1 Yoga -Morgan	12 5:15 Bootcamp-Dori  6:15 Bootcamp-Dawn	13 5:15 TABATA-Dori	14 5:15 Bootcamp-Dori	15 8:30 Bootcamp-Dawn
17 5:15 Bootcamp-Dori 9:30 Beginners Yoga -Morgan  6:15 Bootcamp-Dawn	18 5:15 Lower Body Blast-Dori  <b>6:30 Level 1 Yoga -No Class</b>	19 5:15 Bootcamp-Dori  6:15 Bootcamp-Dawn	20 5:15 TABATA-Dori	21 5:15 Bootcamp-Dori	22 8:30 Bootcamp-Dawn
24 5:15 Bootcamp-Dori 9:30 Beginners Yoga -Morgan  6:15 Bootcamp-Dawn	25 5:15 Lower Body Blast-Dori  <b>6:30 Level 1 Yoga -No Class</b>	26 5:15 Bootcamp-Dori  6:15 Bootcamp-Dawn	27 5:15 TABATA-Dori	28 5:15 Bootcamp-Dori	29 8:30 Bootcamp-Dawn
<b>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</b>					