



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
2 10:15 Chip Fit-Chip 6:30 Synergy-No Class	3 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	4 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	5 8:00 Water Aerobics-Tyler 10:00 Yoga Pilates-Morgan 6:30 Synergy-Rachel	6 10:15 Chip Fit-Chip	7 9:00 Lift 45-Janette
9 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	10 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	11 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	12 8:00 Water Aerobics-Tyler 10:00 Yoga Pilates-Morgan 6:30 Synergy-Rachel	13 10:15 Chip Fit-Chip	14 9:00 Lift 45-Janette
16 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	17 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	18 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	19 8:00 Water Aerobics-Tyler 10:00 Yoga Pilates-Morgan 6:30 Synergy-No Class	20 10:15 Chip Fit-Chip	21 9:00 Lift 45-Janette
23 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	24 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	25 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	26 8:00 Water Aerobics-Tyler 10:00 Yoga Pilates-Morgan 6:30 Synergy-Rachel	27 10:15 Chip Fit-Chip	28 9:00 Lift 45-Janette
30 10:15 Chip Fit-Chip 6:30 Synergy-Rachel					
** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **					



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
2 5:15 Bootcamp-No Class 9:30 Beginners Yoga -Morgan 6:15 Bootcamp-Dawn	3 5:15 Lower Body Blast-Dori 6:30 Level 1 Yoga -Morgan	4 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	5 5:15 TABATA-Dori 6:00 BootyCamp-Janette	6 5:15 Bootcamp-Dori	7 8:30 Bootcamp-Dawn
9 5:15 Bootcamp-Dori 9:30 Beginners Yoga -Morgan 6:15 Bootcamp-Dawn	6 5:15 Lower Body Blast-Dori 6:30 Level 1 Yoga -Morgan	7 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	8 5:15 TABATA-Dori 6:00 BootyCamp-Janette	9 5:15 Bootcamp-Dori	10 8:30 Bootcamp-Dawn
16 5:15 Bootcamp-Dori 9:30 Beginners Yoga -Morgan 6:15 Bootcamp-Dawn	13 5:15 Lower Body Blast-Dori 6:30 Level 1 Yoga -Morgan	14 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	15 5:15 TABATA-Dori 6:00 BootyCamp-Janette	16 5:15 Bootcamp-Dori	17 8:30 Bootcamp-Dawn
23 5:15 Bootcamp-Dori 9:30 Beginners Yoga -Morgan 6:15 Bootcamp-Dawn	20 5:15 Lower Body Blast-Dori 6:30 Level 1 Yoga -Morgan	21 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	22 5:15 TABATA-Dori 6:00 BootyCamp-Janette	23 5:15 Bootcamp-Dori	24 8:30 Bootcamp-Dawn
30 5:15 Bootcamp-Dori 9:30 Beginners Yoga -Morgan 6:15 Bootcamp-Dawn					
** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **					