



Bolded Classes indicate a new class, new class time or new instructor!!!

Mon	Tue	Wed	Thu	Fri	Sat
	1 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	2 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	3 8:00 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	4 10:15 Chip Fit-No Class	5 9:00 Lift 45-Janette
7 6:00 Turn Up & Tune Up-Suki 9:00 Turn Up & Tune Up-Suki 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	8 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	9 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	10 8:00 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	11 10:15 Chip Fit-Chip	12 9:00 Lift 45-Janette
14 6:00 Turn Up & Tune Up-Suki 9:00 Turn Up & Tune Up-Suki 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	15 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	16 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	17 8:00 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	18 10:15 Chip Fit-Chip	19 9:00 Lift 45-Janette
21 6:00 Turn Up & Tune Up-Suki 9:00 Turn Up & Tune Up-Suki 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	22 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	23 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	24 8:00 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	25 10:15 Chip Fit-Chip	26 9:00 Lift 45-Janette
28 6:00 Turn Up & Tune Up-Suki 9:00 Turn Up & Tune Up-Suki 10:15 Chip Fit-Chip 6:30 Synergy-Rachel	29 8:00 Water Aerobics-Tyler 6:00 Zumba-Bonnie	30 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip 6:00 Zumba-Bonnie	31 8:00 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki		
** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **					



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Mon	Tue	Wed	Thu	Fri	Sat
	1 5:15 Lower Body Blast-Dori 6:30 Turn Up & Tune Up-Suki	2 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	3 5:15 TABATA-Dori 6:00 BootyCamp-Janette	4 5:15 Bootcamp-Dori 9:30 Turn Up & Tune Up-Suki	5 8:30 Bootcamp-Dawn
7 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	8 5:15 Lower Body Blast-Dori 6:30 Turn Up & Tune Up-Suki	9 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	10 5:15 TABATA-Dori 6:00 BootyCamp-Janette	11 5:15 Bootcamp-Dori 9:30 Turn Up & Tune Up-Suki	12 8:30 Bootcamp-Dawn
14 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	15 5:15 Lower Body Blast-Dori 6:30 Turn Up & Tune Up-Suki	16 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	17 5:15 TABATA-Dori 6:00 BootyCamp-Janette	18 5:15 Bootcamp-Dori 9:30 Turn Up & Tune Up-No Class	19 8:30 Bootcamp-Dawn
21 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	22 5:15 Lower Body Blast-Dori 6:30 Turn Up & Tune Up-Suki	23 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	24 5:15 TABATA-Dori 6:00 BootyCamp-Janette	25 5:15 Bootcamp-Dori 9:30 Turn Up & Tune Up-Suki	26 8:30 Bootcamp-Dawn
28 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	29 5:15 Lower Body Blast-Dori 6:30 Turn Up & Tune Up-Suki	30 5:15 Bootcamp-Dori 6:15 Bootcamp-Dawn	31 5:15 TABATA-Dori 6:00 BootyCamp-No Class		
** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **					