



**Bolded Classes indicate a new class, new class time or new instructor!!!**

Mon	Tue	Wed	Thu	Fri	Sat
		1 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip	2 9:30 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	3 <b>9:00 Turn Up &amp; Tune Up-Suki</b> 10:15 Chip Fit-Chip	4 9:00 Lift 45-Janette
		<b>6:00 Zumba-No Class</b>			
6 9:00 Turn Up & Tune Up-Suki 10:15 Chip Fit-Chip	7  6:00 Zumba-Bonnie	8 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip	9 9:30 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	10 <b>9:00 Turn Up &amp; Tune Up-Suki</b> 10:15 Chip Fit-Chip	11 <b>9:00 Lift 45- No Class</b>
6:30 Synergy-Rachel		6:00 Zumba-Bonnie			
13 9:00 Turn Up & Tune Up-Suki 10:15 Chip Fit-Chip	14  6:00 Zumba-Bonnie	15 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip	16 9:30 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	17 <b>9:00 Turn Up &amp; Tune Up-Suki</b> 10:15 Chip Fit-Chip	18 9:00 Lift 45-Janette
6:30 Synergy-Rachel		6:00 Zumba-Bonnie			
20 9:00 Turn Up & Tune Up-Suki 10:15 Chip Fit-Chip	21  6:00 Zumba-Bonnie	22 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip	23 9:30 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	24 <b>9:00 Turn Up &amp; Tune Up-Suki</b> 10:15 Chip Fit-Chip	25 9:00 Lift 45-Janette
6:30 Synergy-Rachel		6:00 Zumba-Bonnie			
27 9:00 Turn Up & Tune Up-Suki 10:15 Chip Fit-Chip	28  6:00 Zumba-Bonnie	29 9:00 Yoga Sculpt-Lynn 10:15 Chip Fit-Chip	30 9:30 Water Aerobics-Tyler 9:30 Turn Up & Tune Up-Suki	31 <b>9:00 Turn Up &amp; Tune Up-Suki</b> 10:15 Chip Fit-Chip	
6:30 Synergy-Rachel		6:00 Zumba-Bonnie			
<b>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</b>					



**Bolded Classes indicate a new class, new class time or new instructor!!!**

Mon	Tue	Wed	Thu	Fri	Sat
		1 5:15 Bootcamp-No Class  6:15 Bootcamp-No Class	2 5:15 TABATA-Dori  6:30 Whine Down-Suki	3 5:15 Bootcamp-Dori 8:30 CBS-Janette 9:30 Lift 45-Janette	4 8:30 Bootcamp-Dawn
6 5:15 Bootcamp-Dori 9:30 Yoga- Morgan  6:15 Bootcamp-Dawn	7 5:15 Lower Body Blast-Dori  6:30 Strech & Flow-Suki	8 5:15 Bootcamp-Dori  6:15 Bootcamp-Dawn	9 5:15 TABATA-Dori  6:30 Whine Down-Suki	10 5:15 Bootcamp-Dori 8:30 CBS-No Class 9:30 Lift 45- No Class	11 8:30 Bootcamp-Dawn
13 5:15 Bootcamp-Dori 9:30 Yoga- Morgan  6:15 Bootcamp-Dawn	14 5:15 Lower Body Blast-Dori  6:30 Strech & Flow-Suki	15 5:15 Bootcamp-Dori  6:15 Bootcamp-Dawn	16 5:15 TABATA-Dori  6:30 Whine Down-Suki	17 5:15 Bootcamp-Dori 8:30 CBS-Janette 9:30 Lift 45-Janette	18 8:30 Bootcamp-Dawn
20 5:15 Bootcamp-Dori 9:30 Yoga- Morgan  6:15 Bootcamp-Dawn	21 5:15 Lower Body Blast-Dori  6:30 Strech & Flow-Suki	22 5:15 Bootcamp-Dori  6:15 Bootcamp-Dawn	23 5:15 TABATA-Dori  6:30 Whine Down-Suki	24 5:15 Bootcamp-Dori 8:30 CBS-Janette 9:30 Lift 45-Janette	25 8:30 Bootcamp-Dawn
27 5:15 Bootcamp-Dori 9:30 Yoga- Morgan  6:15 Bootcamp-Dawn	28 5:15 Lower Body Blast-Dori  6:30 Strech & Flow-Suki	29 5:15 Bootcamp-Dori  6:15 Bootcamp-Dawn	30 5:15 TABATA-Dori  6:30 Whine Down-Suki	31 5:15 Bootcamp-Dori 8:30 CBS-Janette 9:30 Lift 45-Janette	
<b>** ALL AEROBICS CLASSES ARE INCLUDED IN MEMBERSHIP **</b>					